

SUMMARY

Something Positive for Positive People is a 501c3 nonprofit organization that began as a suicide prevention awareness resource for people with herpes who struggled with suicidal thoughts upon diagnosis. SPFP has evolved over time and now serves as a hub of self help resources for people with herpes. We connect people who are navigating herpes stigma to licensed mental health professionals, coaches, and resources that help them navigate the stigma that comes with it.

SPEAKING ENGAGEMENTS

PROJECT SAFE

[How to Talk About Herpes — February 2023](#)

Workshop demonstrating to educators how to speak to youth about herpes

EMPOWERED PLEASURE

[Safer Sex Talk – S.T.A.R.S. — January 2023](#)

Presented sexual communications framework for relationships

HEALTH CARE EDUCATION AND TRAINING

[Self Care Practices to Minimize Burnout — September 2022](#)

Presented to Disease Intervention Specialists in Indiana on managing burnout

2022 2SLGBTQ+ MEANINGFUL CARE CONFERENCE

[STI Transmission Minimization: A Sexual Health Positive Model — March 2022](#)

[STI Disclosure: A Framework for Healthcare Providers, Sex Educators, Sex Therapists, and People Living with Chronic STIs — March 2022](#)

NYU SILVER SCHOOL OF SOCIAL WORK

[Sexual Health in Social Work Practice — February 2022 & 2023](#)

“Intentionally Inclusive STI Prevention”

EMORY UNIVERSITY NELL HODGSON WOODRUFF SCHOOL OF NURSING

[Guest Lecturer for Nursing Program — February 2022](#)

“Sexual Health is Mental Health, the Future of STI Minimization”

MASSACHUSETTS HEALTHY YOUTH CONSORTIUM

[Workshop for Youth Sex Educators alongside Dr. Evelin Dacker — February 2022](#)

Sexless Sex Ed: Teaching Youth About Sex Without Talking About Sex

SEX POSITIVE PORTLAND

[Herpes Disclosures: Giving and Receiving — February 2022, December 2021](#)

Co-facilitated and recruited for a practice disclosure workshop

SLAM 4 YOUTH

[Sexuality Liberators and Movers Conference 2022 – January 2022, October 2022](#)

“Sexless Sex Education: Teaching Youth About Sex Without Talking About Sex”

“Intentionally Inclusive STD Prevention: STI Minimization”

MONOGAMISH NETWORK

[Alternative Relationships Summit — January 2022](#)

“Taking an anti-stigmatic approach to navigating relationships”

NATIONAL COALITION OF STD DIRECTORS (NCSD)

[Annual Meeting: Get Your Move On — November 2021](#)

“Self Care Strategies to Minimize Burnout”

WRITTEN PUBLICATIONS

- New York Times
- Ebony
- Pornhub
- Medill Reports Chicago
- Bumble
- SHAME Magazine
- St. Louis Post Dispatch
- STL Magazine
- Today.com
- Seattle Times
- Good Men Project
- Betches
- O.School
- Bustle
- Madame Noir
- The Confess Project

PODCASTS

- Doing It
- Sensuelle
- Passion with Dr. Laurie
- Sex Ed with DB
- Sexualchemy
- Sex and Self
- Coming Together for Sexual Health
- Sluts and Scholars
- This Podcast Will Kill You
- They Talk Sex
- The Bedside Podcast
- Sex with Dr. Jess
- CAPTC Podcast
- Positively Positive
- Let’s Talk Bruh
- Healthcare Hustle
- What’s Your Revolution
- Owning Your Sexual Self
- The Sex Agenda
- Vaginas, Vulvas, and Vibrators
- Men, Sex, and Pleasure
- Bad Medicine
- Six Minute Sex Ed
- Lauren HD YouTube Channel
- Elevated Intimacy
- Seek Discover Create (SDC)
- Living Brave
- Sex with Timaree
- Normalizing Non-Monogamy
- Just Keep Swinging
- Sex Positive Families
- That Sex Nerd Chick
- Life With Herpes
- About Sex
- Ignite Intimacy
- The James Strong Show

ANTIOCH UNIVERSITY

Sexual Attitude Reassessment Course Panelist — January 2020–2022

Support students in challenging potential bias with sex therapy clients who have alternative relationship styles and may have an STI

SEX AND SELF ANNUAL CONFERENCE

The Sex Ed You Never Had Conference — November 2021

Safe Sex for Everyone: presented STD Prevention's non-inclusivity and how communication can shift that narrative

STATE OF MICHIGAN HIV AND STI CONFERENCE

Reducing STI Stigma in Medical Settings — August 2022

Integrating Mental Health Resources and STD Prevention Efforts — August 2021

Presented to Clinicians a new model of STD prevention and their roles as allies

S.T.A.R.S. TALK

Something Positive for Positive People: STARS Class for HSV — June 2021

Co-facilitated and recruited for a practice STI disclosure workshop

SHAMELESS STI CONVERSATIONS SERIES

Shameless STI Conversations: HSV — January 2021

Psychological impacts of herpes and STI stigma

LIVE FROM STD ENGAGE — November 2019

Recorded two live podcast at the NCSD Annual Sexual Health Conference

SXSW (SOUTH BY SOUTHWEST)

Panel Selection: Making Herpes Disclosure Sexy — March 2019

Live recording of a podcast on herpes disclosure

PROJECTS

A COUNTY DEPT OF PUBLIC HEALTH | 2023

Presented herpes survey data highlighting stigma and mental health focal points

AMERICAN SEXUAL HEALTH ASSOCIATION | 2023

Reviewed curriculum for their webinar, "Words Matter: How Providers Can Talk About STIs Without Stigma."

CDC: STD Prevention Conference | 2022

Lead introduction Yoga and Meditation classes for each day of the Conference

WASHU: Raspberry Clinic | 2021

Community University Research Partnership between Raspberry Clinic and St. Louis Organizations to implement strategies to improve reproductive tract infection literacy and health communication for the Mobile Health Literacy and Communication Clinic for women of color

No Shame in this Game Film | 2021

Guest appearance for a documentary created to de-stigmatize STIs by sharing stories of those living with them

GRANTS AWARDED

LOVE IN ACTION

\$50,000

To continue operations as is and expand into medical communities.

OREGON HEALTH AUTHORITY

\$10,000

To interview people who've tested positive for an STI about their sex education after their diagnosis.

AREAS OF INTEREST

- Herpes Stigma
- Disclosure of Status
- Educating medical staff on delivery of an STI diagnosis in a way that emphasizes harm reduction and negates stigma
- Podcast interviews with organizations and individuals who can speak to sex education, STI Prevention, and sexual health and mental health
- Integrating mental health resources and sexual health information
- Destigmatizing STIs in the media and health care field for sexually active people despite sexual health status
- Research on the interconnectedness of sexual health and mental health stigma
- Public Speaking
- Suicide Prevention Awareness

RECOGNITION

Nominated in 2020 for "Grass Roots Organization of the Year" by Sexual Health 24 Hours a Day Brook & Sexual Health Awards