



## IN MARCH 2021

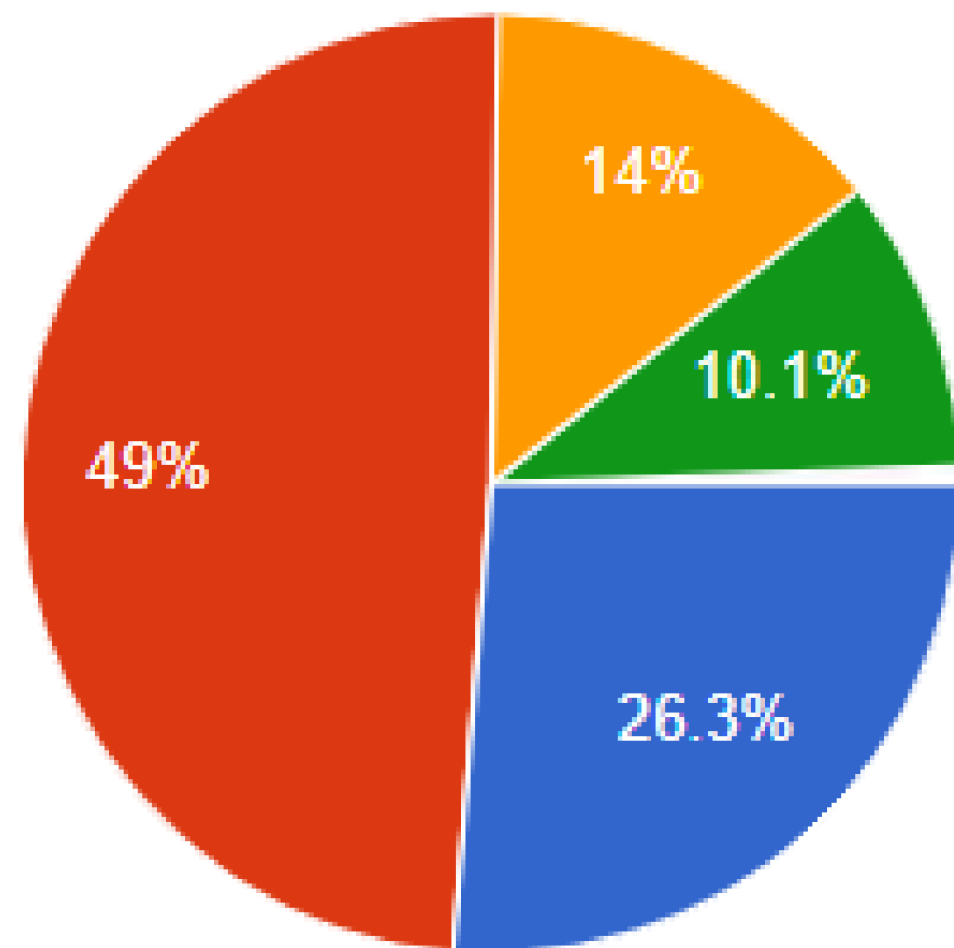
This survey was compiled from more than **1,149 people** who received a clinical diagnosis of the herpes simplex virus (Primarily Type 1 or Type 2). Courtney W. Brame, founder of Something Positive for Positive People (SPFPP), developed these survey questions from his podcast guests and listeners.

All survey questions were chosen because these are the most common among people living with herpes. This is the information that, at the time, people wish they had more up to date stats on. This survey does *not* speak to transmission rates. While that is useful information, it is not possible at this time for SPFPP to conduct that depth of research. This information was collected from people with herpes for people with herpes.

Responses were collected between May-June 2021, and the data released July 2021.

## Which type of HSV (herpes simplex virus) were you diagnosed with?

1,146 responses

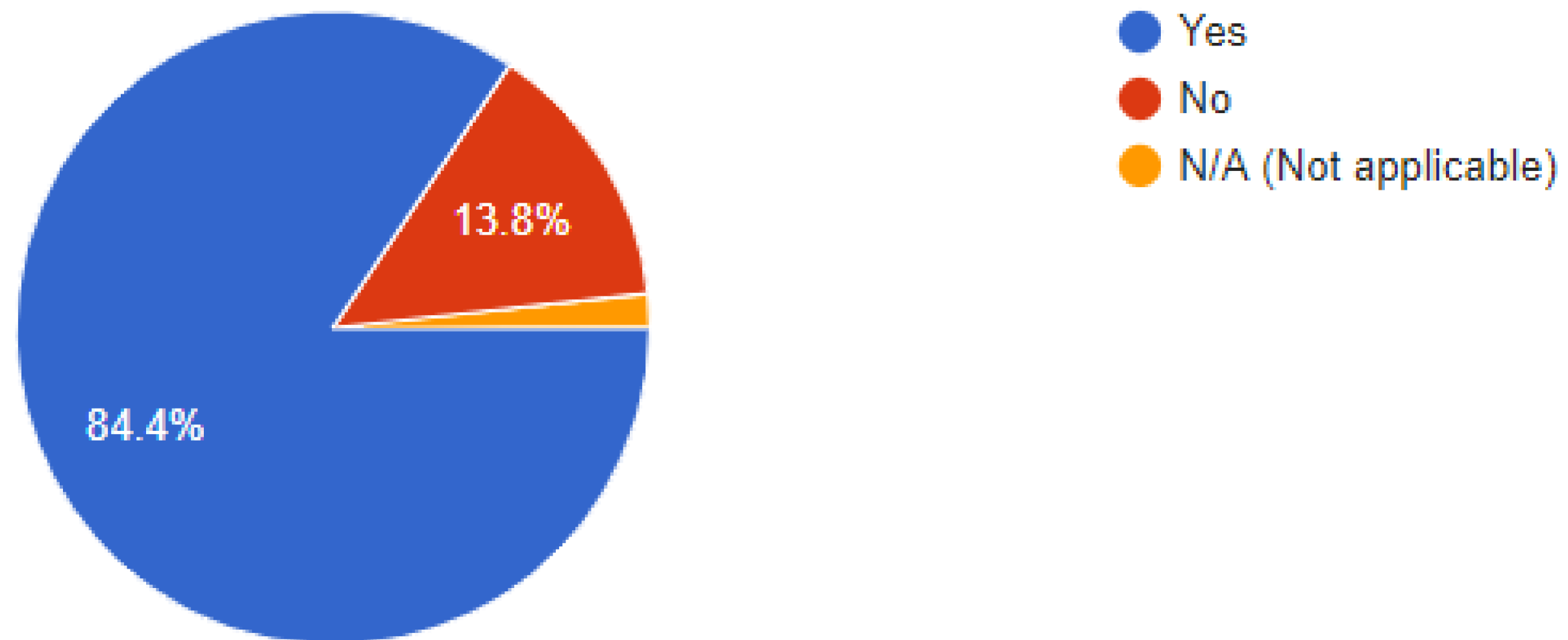


- HSV - 1
- HSV - 2
- HSV -1 and HSV - 2
- I don't know what type I have
- I don't knowe the type bug i have outbre...
- HSV1 genital

eren't enough antibodies for ty...

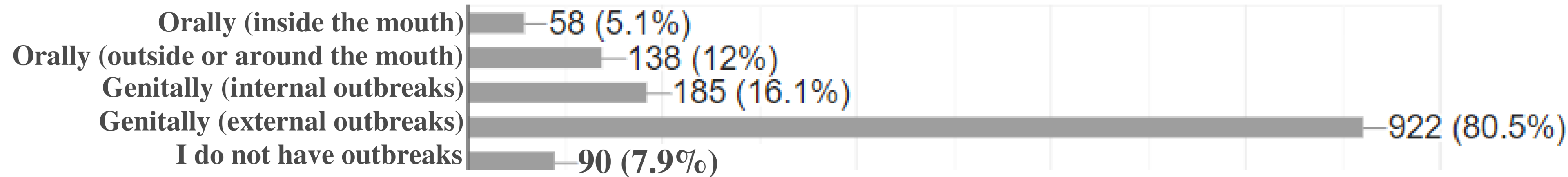
When you tested positive, did you have any symptoms (symptoms include what is commonly known as an outbreak)?

1,143 responses



Where do your symptoms present themselves when you have an outbreak? (Check all that apply)

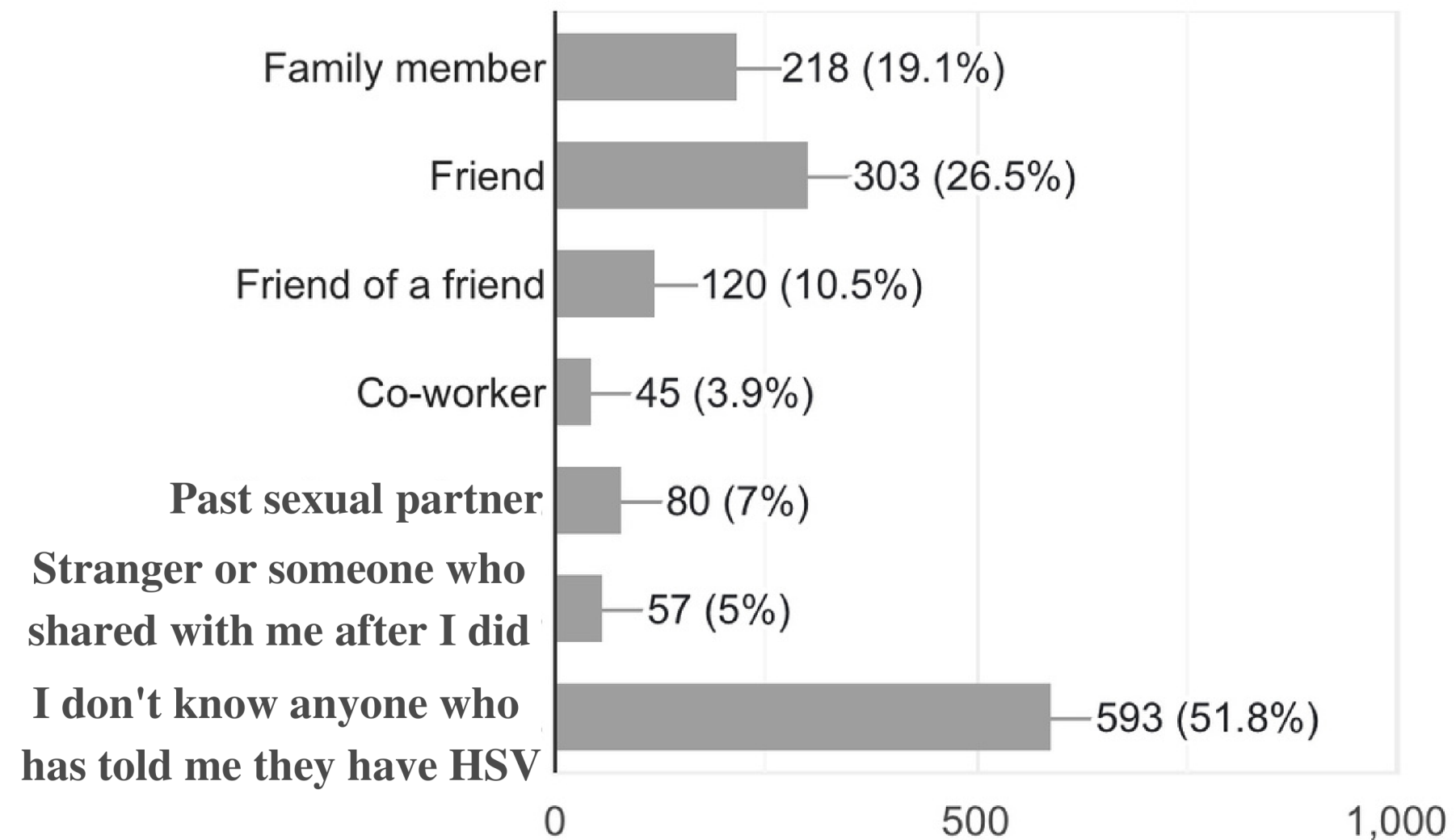
1,146 responses





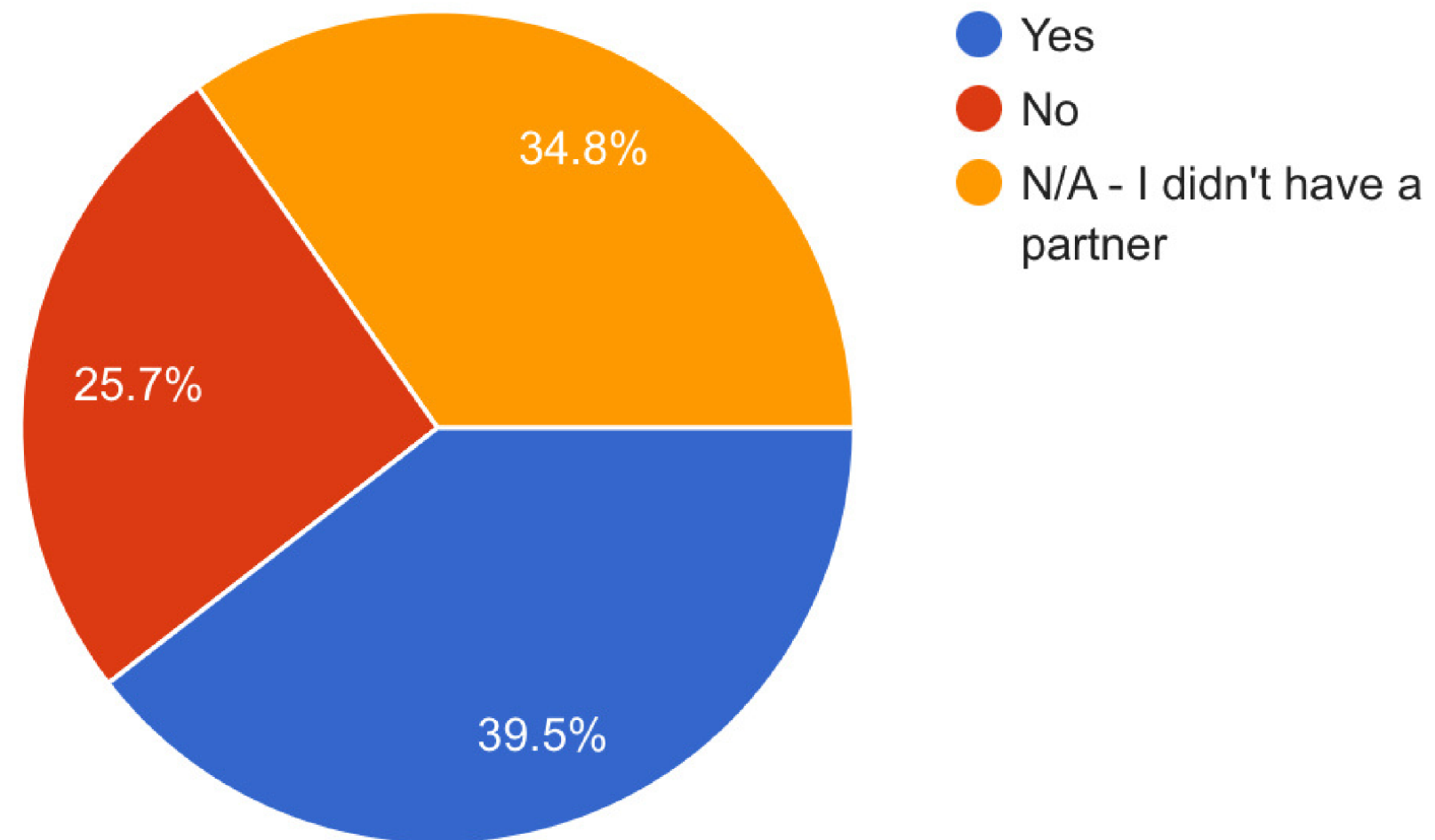
Before your diagnosis, did you know anyone living with HSV?  
(Check all that apply)

1,144 responses



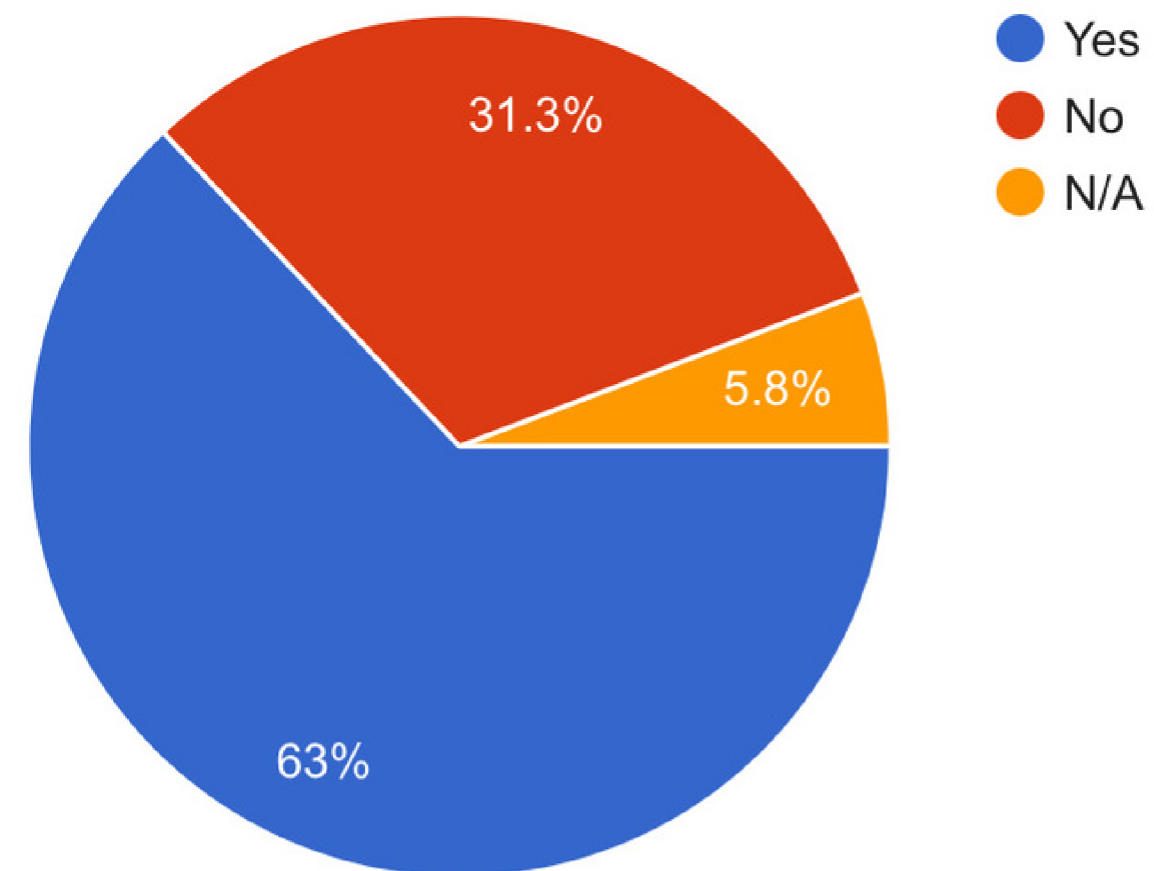
Did you have support from your partner post-diagnosis?

1,139 responses



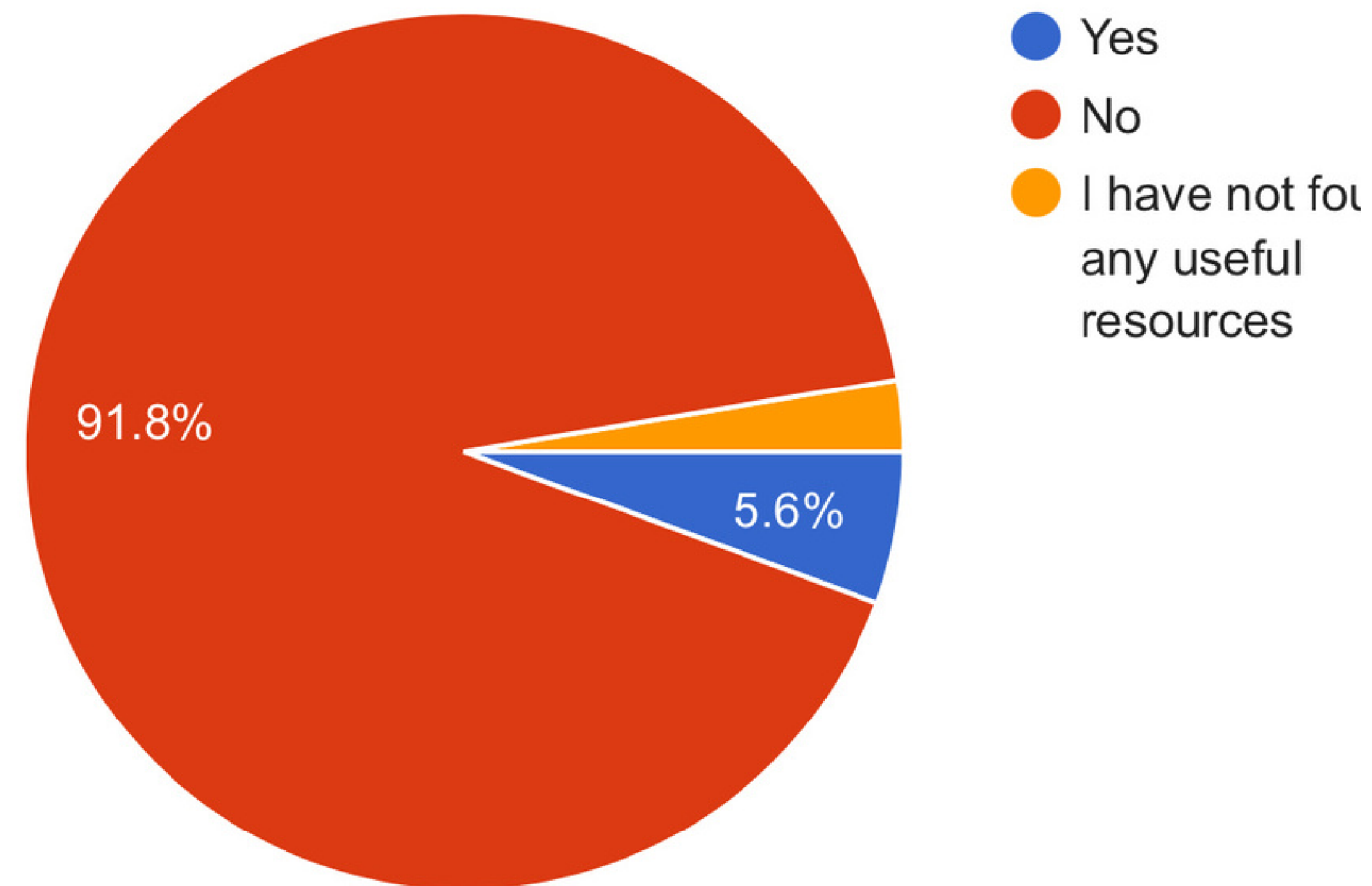
Did your health care provider offer you an opportunity to ask them any questions about your diagnosis?

1,142 responses



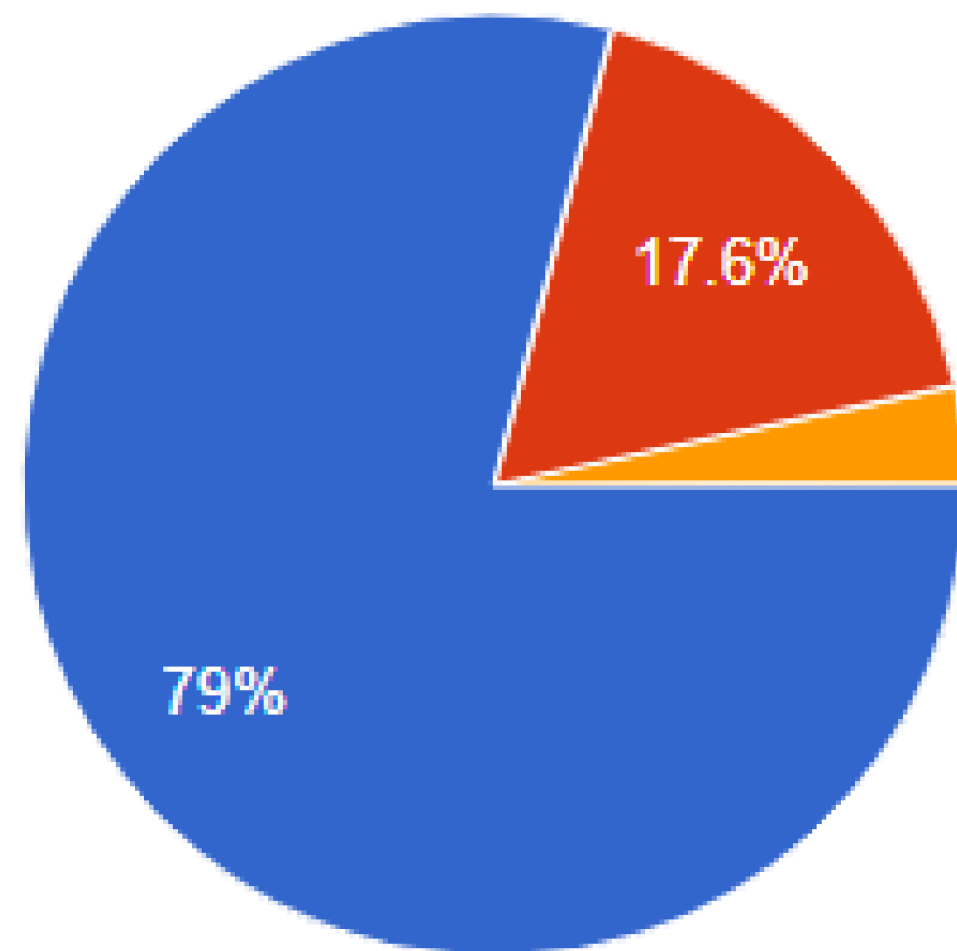
Did you know what useful resources  
you needed before you came across  
them?

1,146 responses



Have you had an outbreak since your initial diagnosis?

1,144 responses



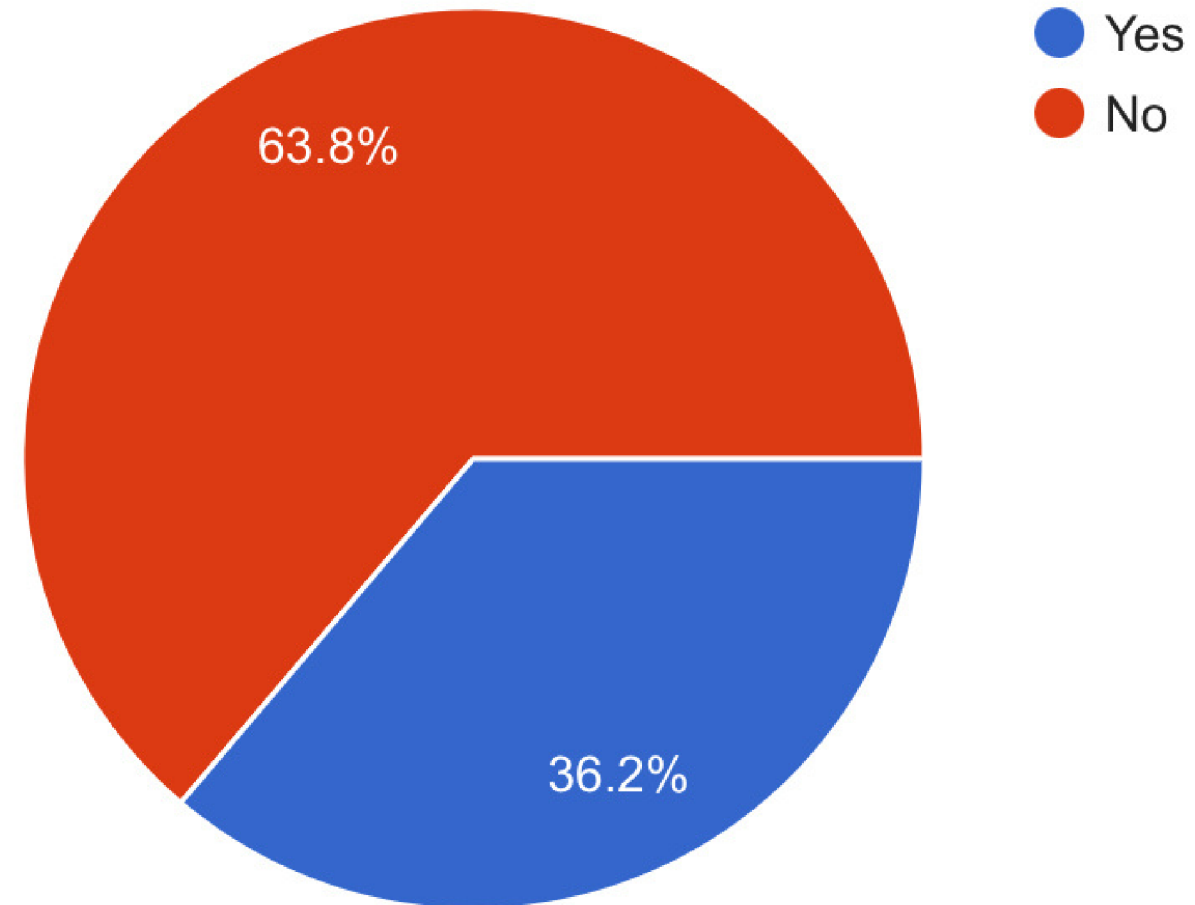
● Yes

● No

● I have never had an outbreak

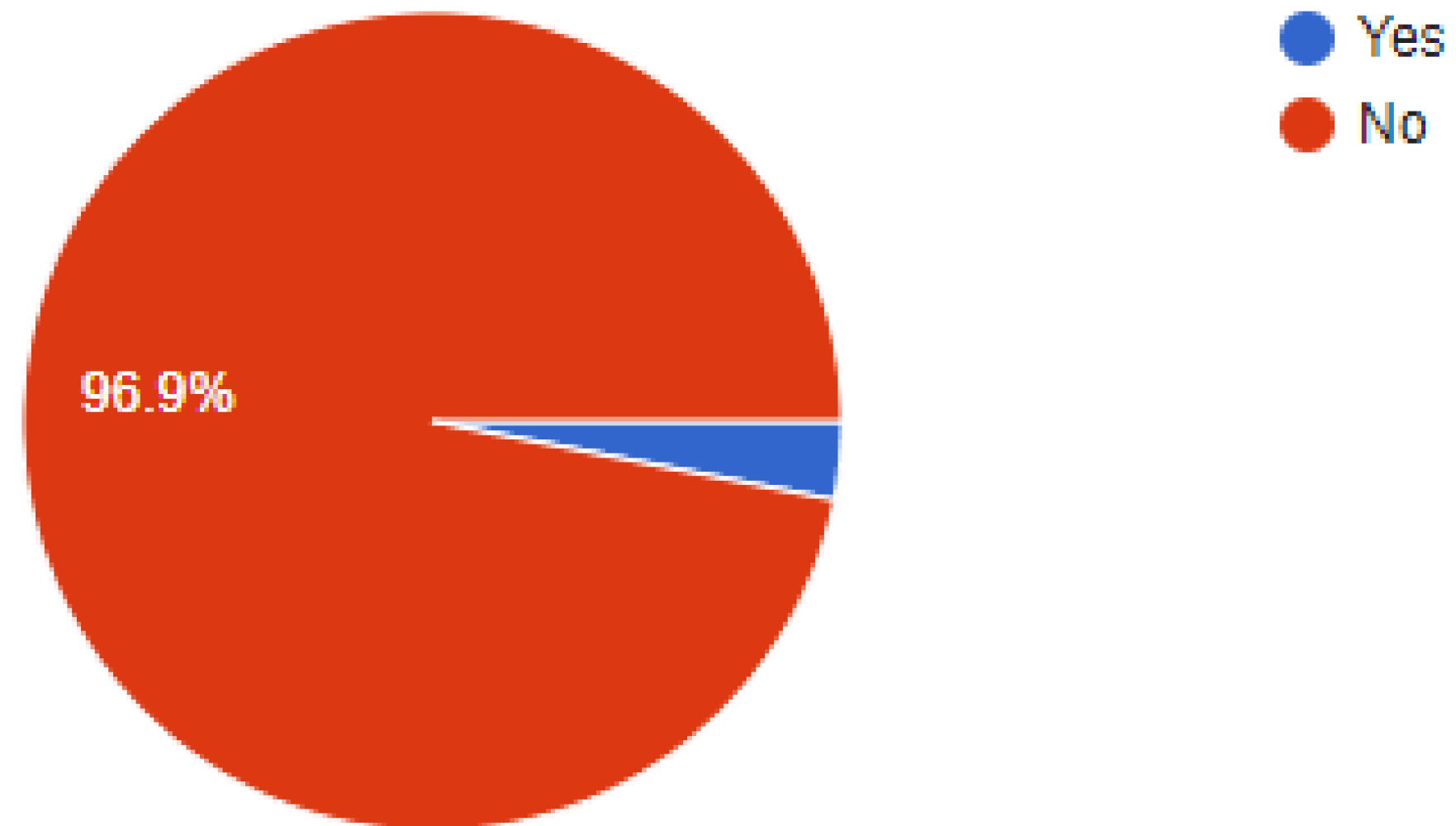
Did you think about committing suicide  
after your diagnosis?

1,143 responses



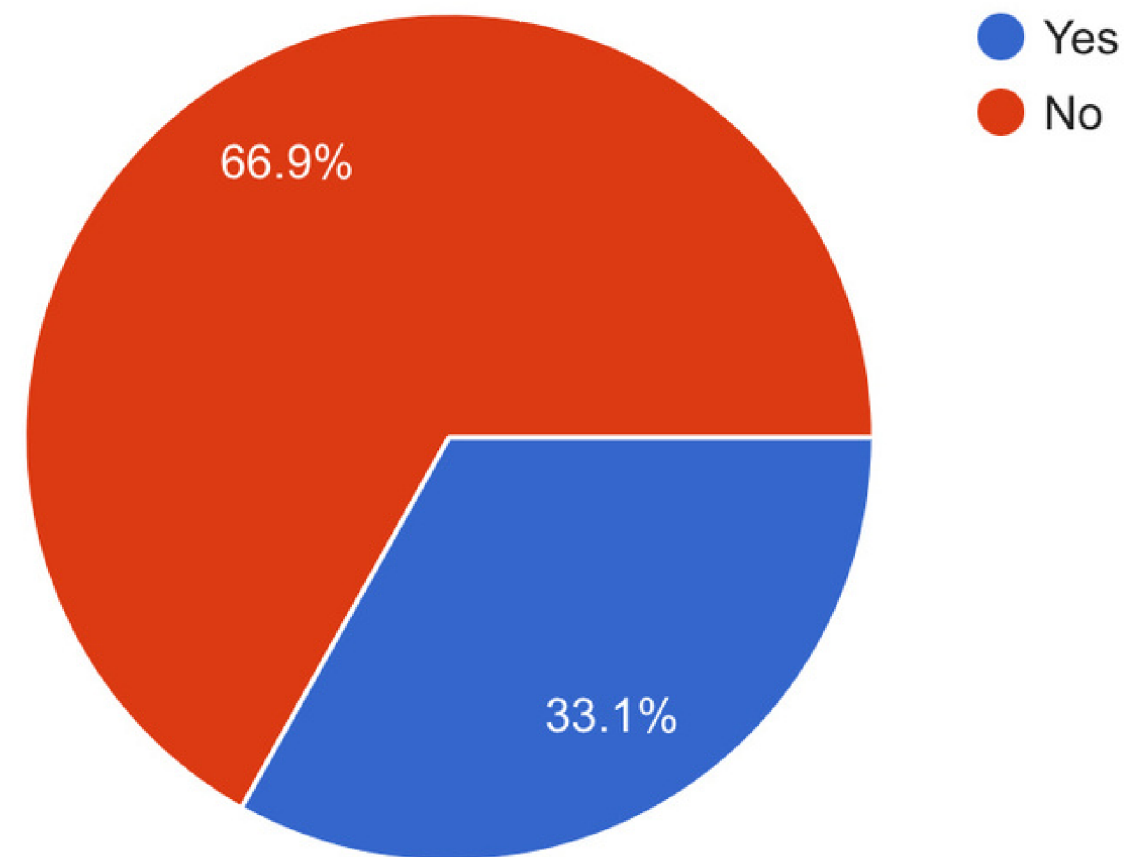
Did you attempt suicide after your diagnosis?

1,140 responses



Have you seen a mental health professional because of your diagnosis?

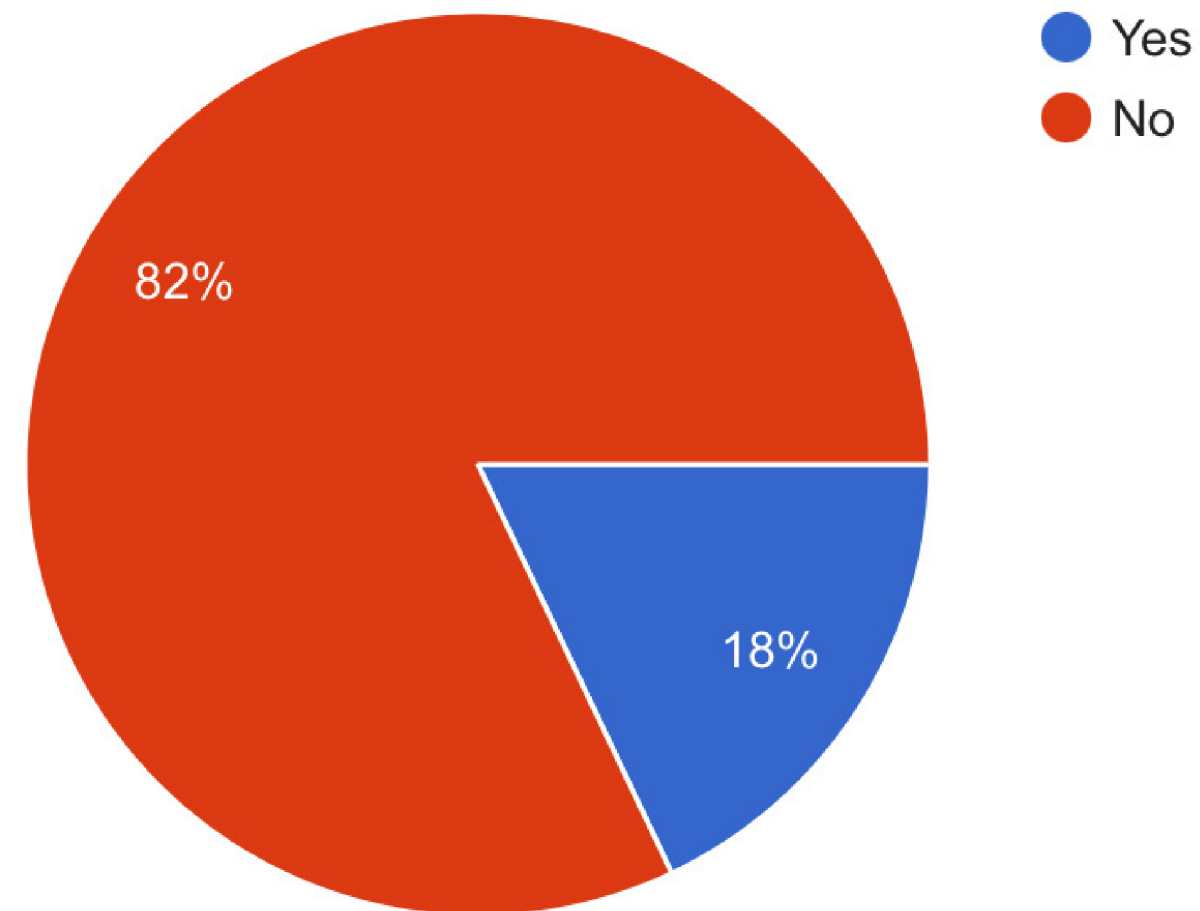
1,141 responses





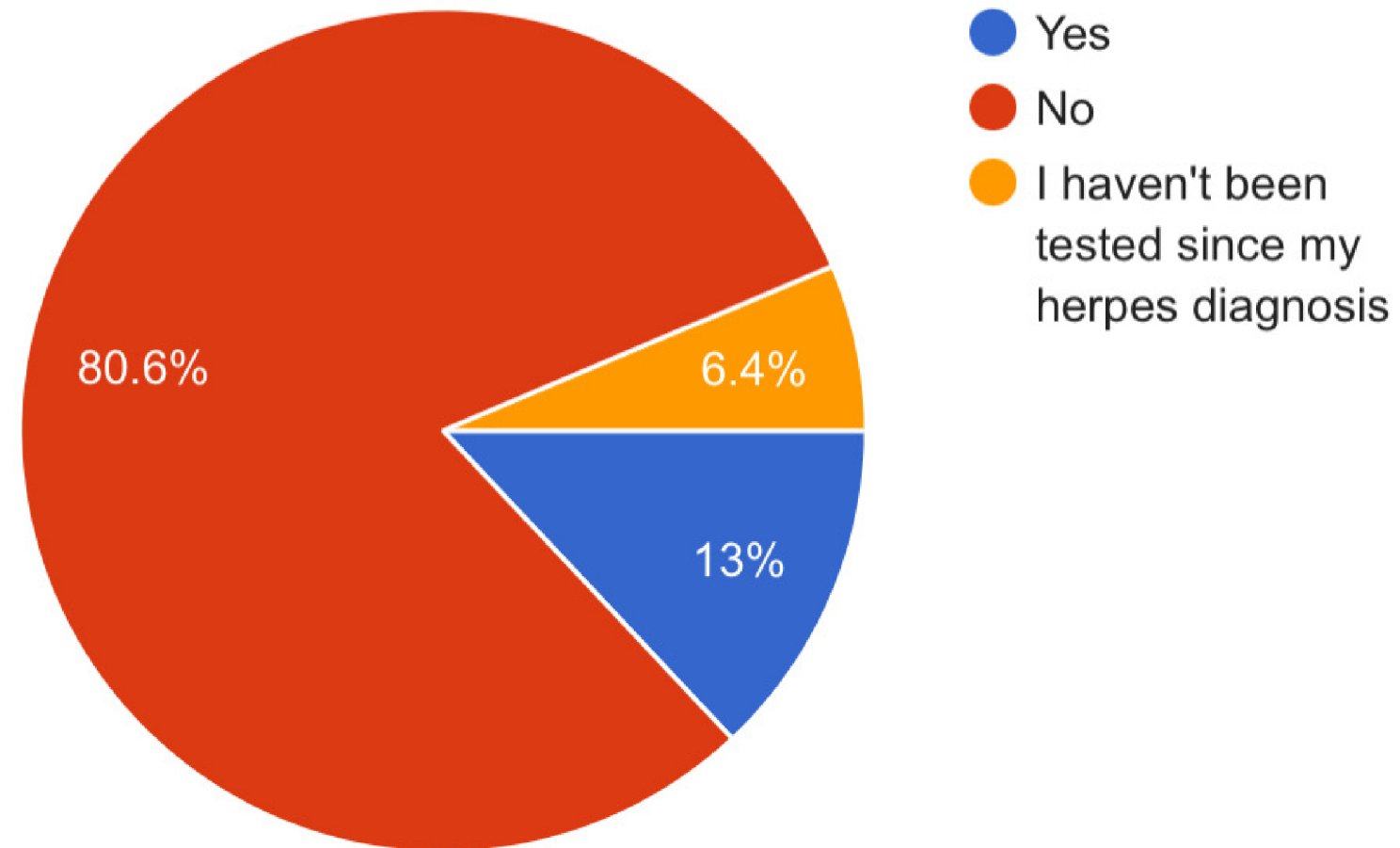
Have you been diagnosed with  
depression related to your HSV status?

1,142 responses



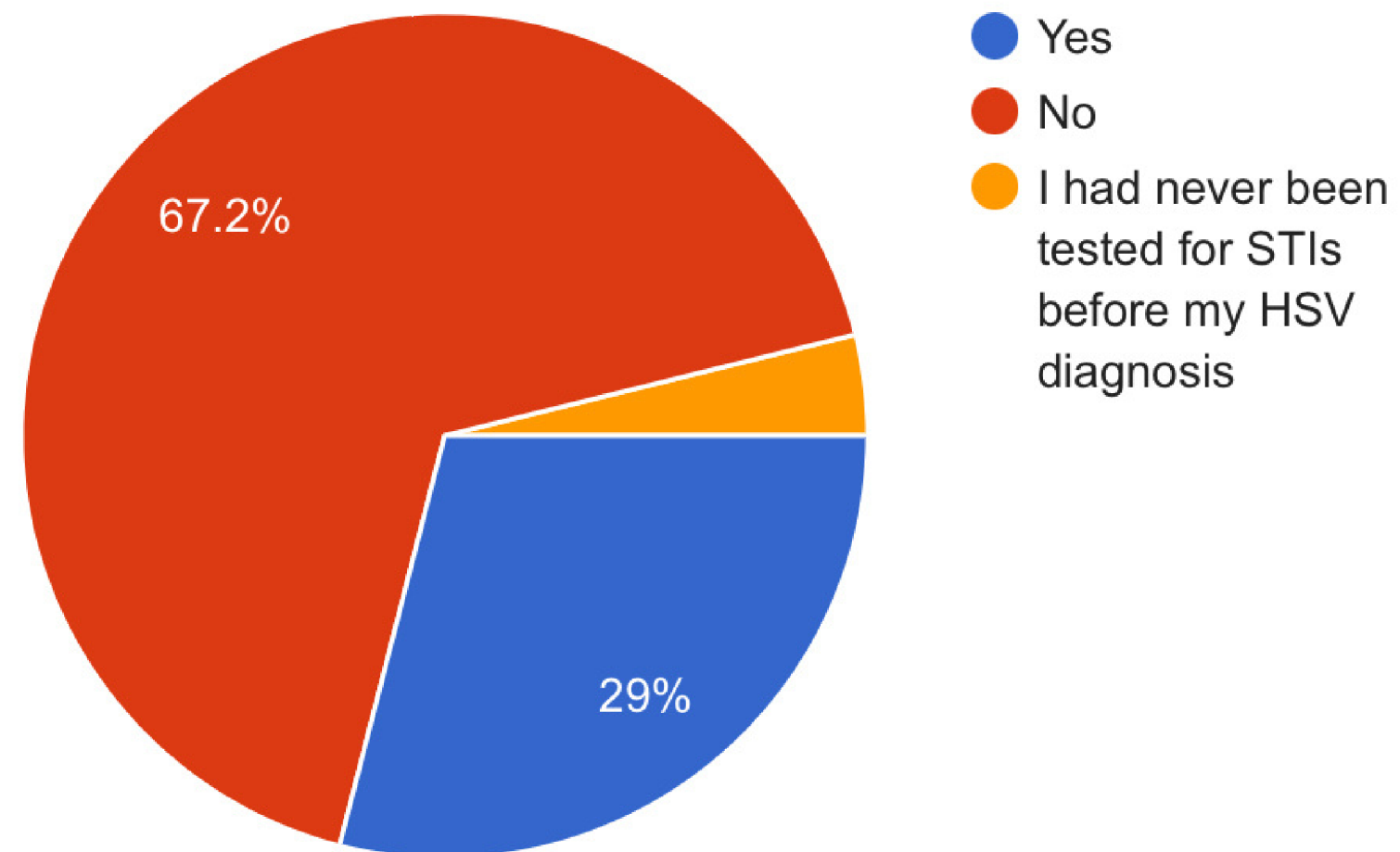
Have you tested positive for another STI since your herpes diagnosis?

1,145 responses



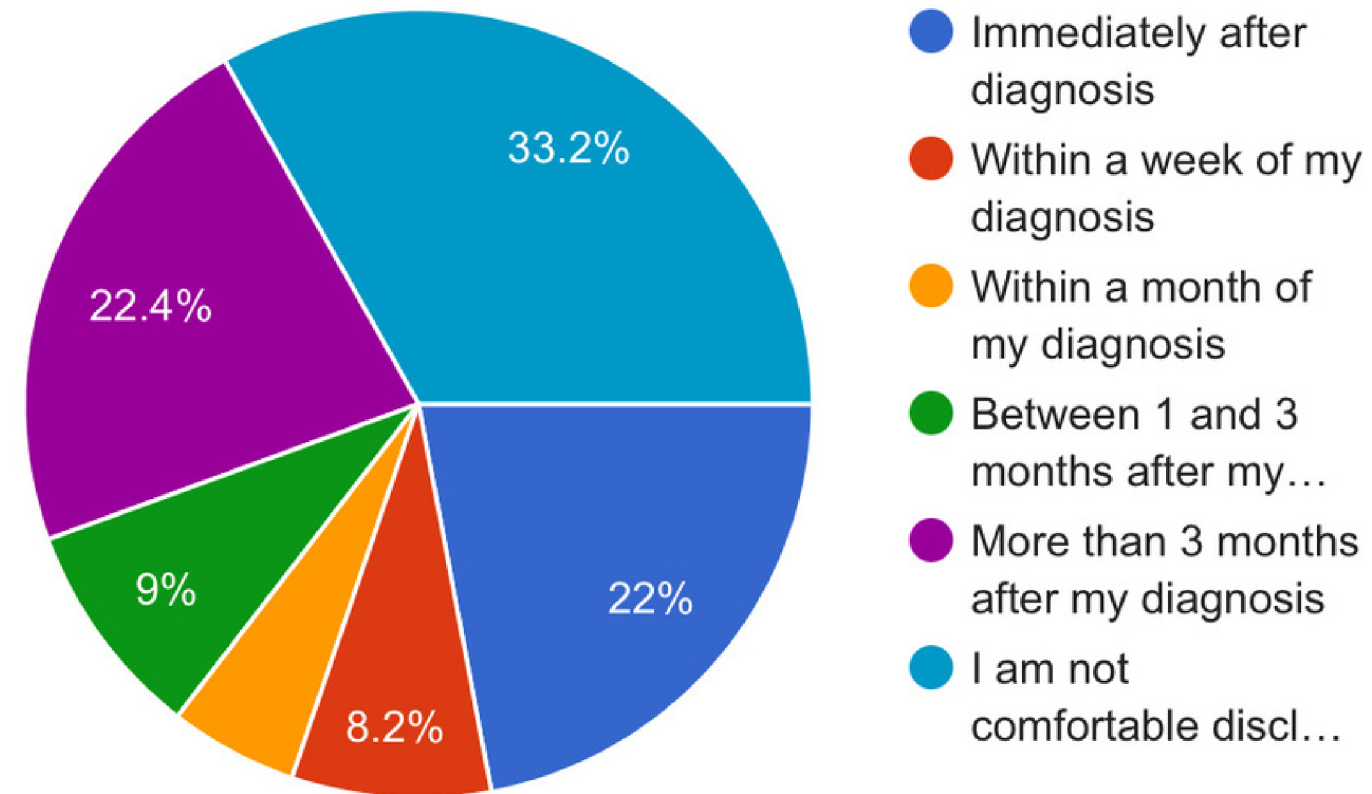
Before your herpes diagnosis, did you  
test positive for an STI?

1,145 responses



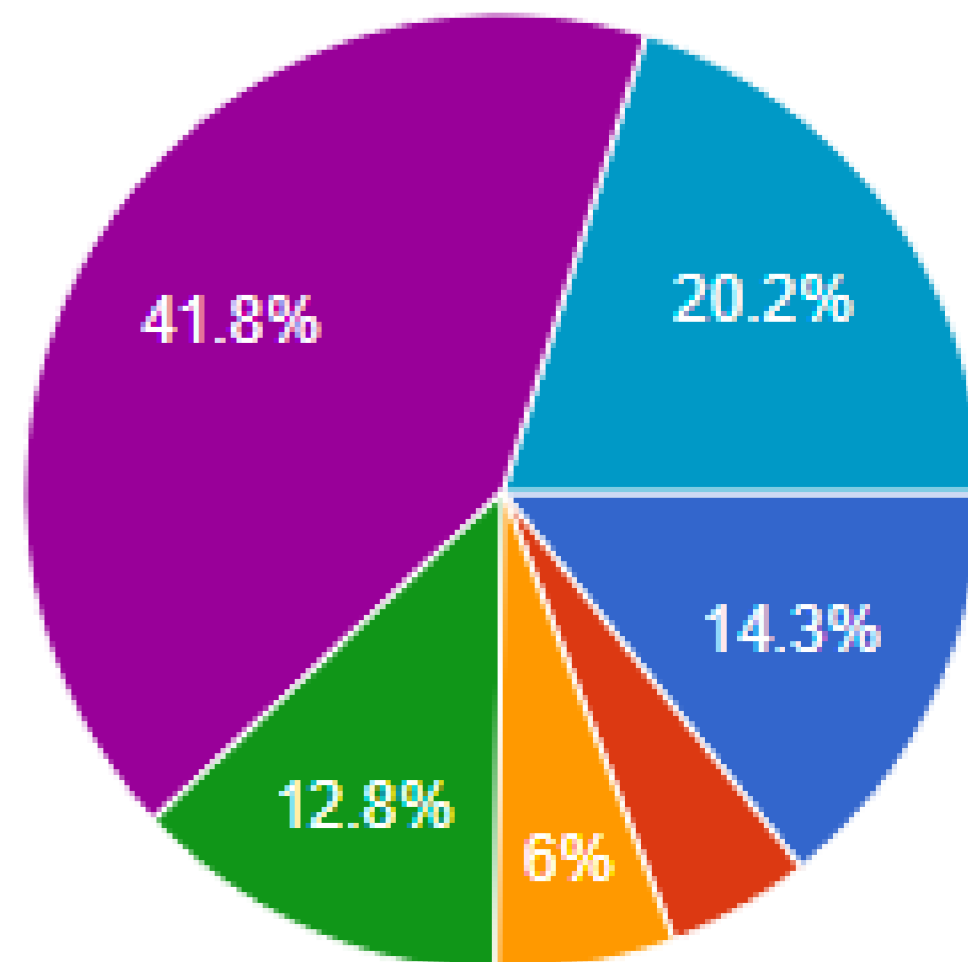
How long after your diagnosis did you feel prepared to disclose to a person without intending to have sex with them?

1,139 responses



How long after your diagnosis did you feel prepared to disclose to someone you wanted to have sex with?

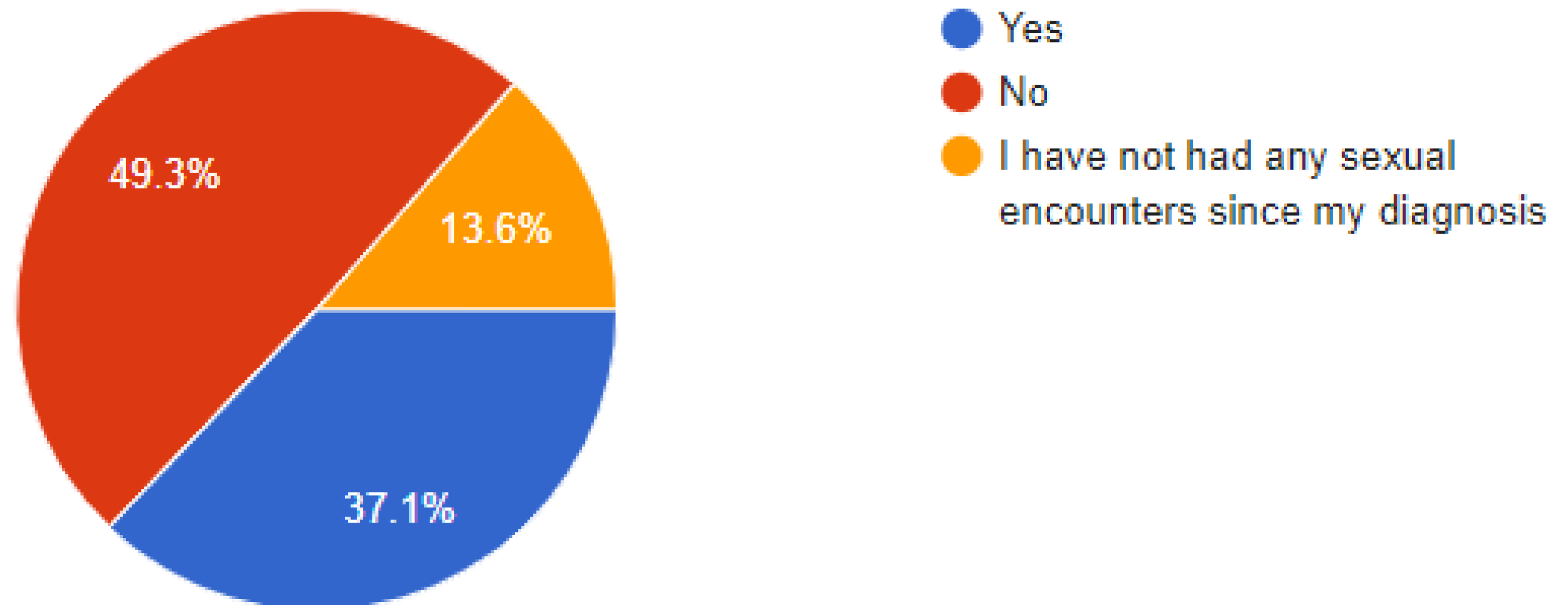
1,126 responses



- Immediately after diagnosis
- Within a week of my diagnosis
- Within a month of my diagnosis
- Between 1 and 3 months after my diagnosis
- More than 3 months after my diagnosis
- I am not comfortable disclosing to anyone I want to have sex with

Since your diagnosis, have you had a sexual encounter where you did not disclose your HSV status to a partner?

1,142 responses



## For what reason(s) did you not disclose to a partner?

1,113 responses

**They Didn't ask about my STI Status**

**I was afraid they wouldn't want to move forward with me**

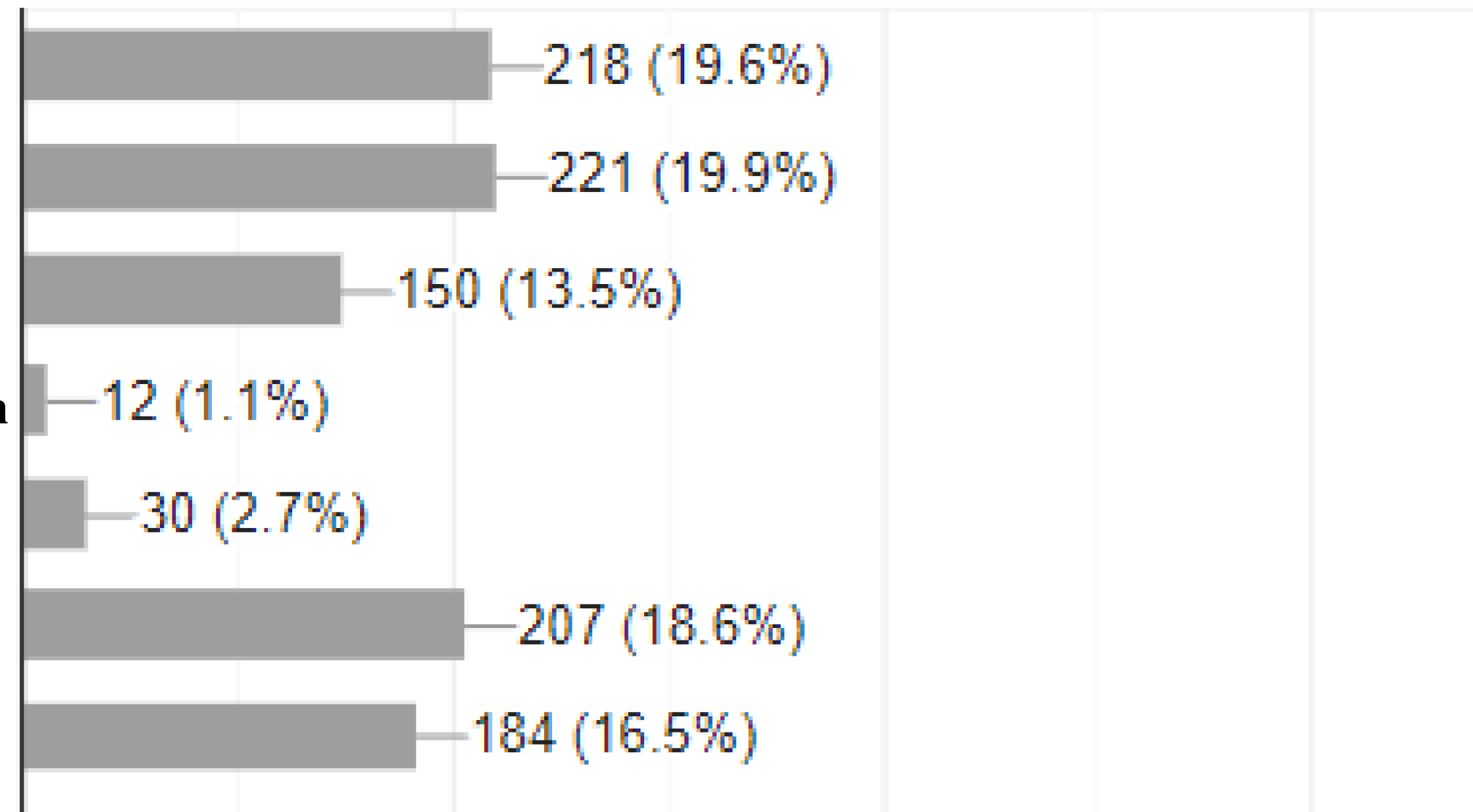
**I didn't want to kill the mood**

**I didn't want to lose access to resources through this person**

**I didn't really like the person that much anyway**

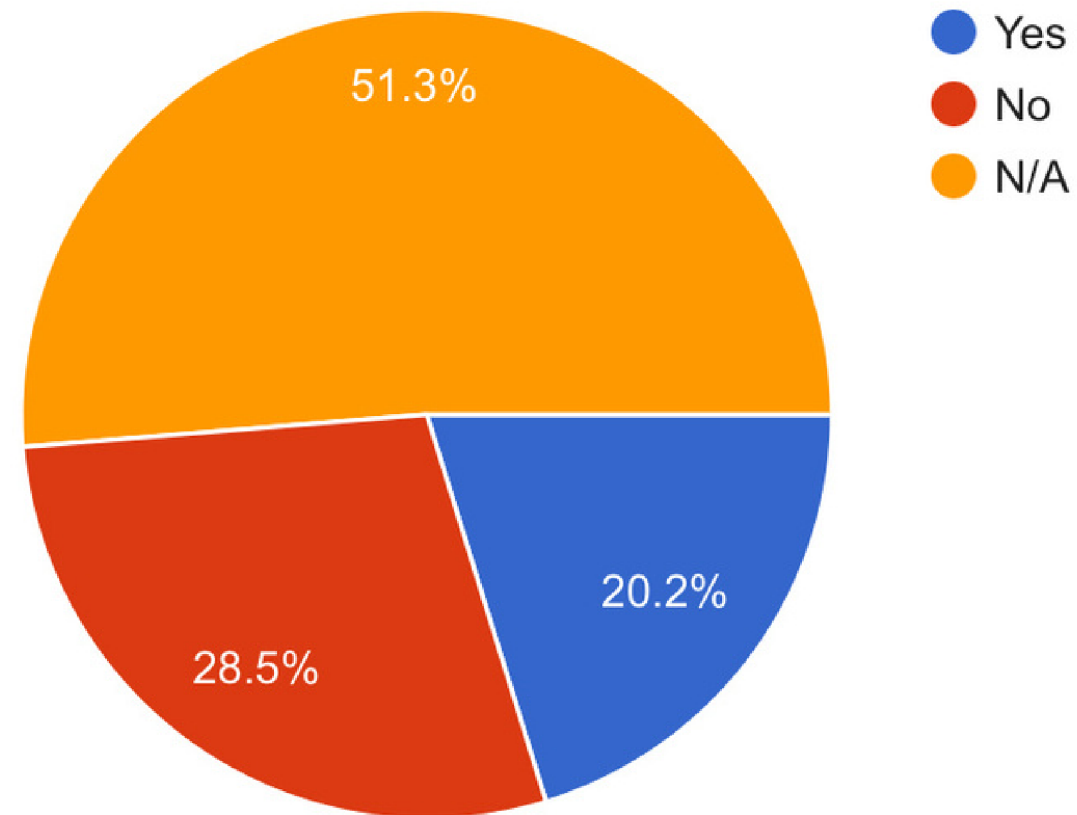
**It was just a one night stand**

**I really liked them and didn't want to mess that up**



After disclosing your status to a partner from the past, with whom you were unaware of their status, did a sexual relationship resurface?

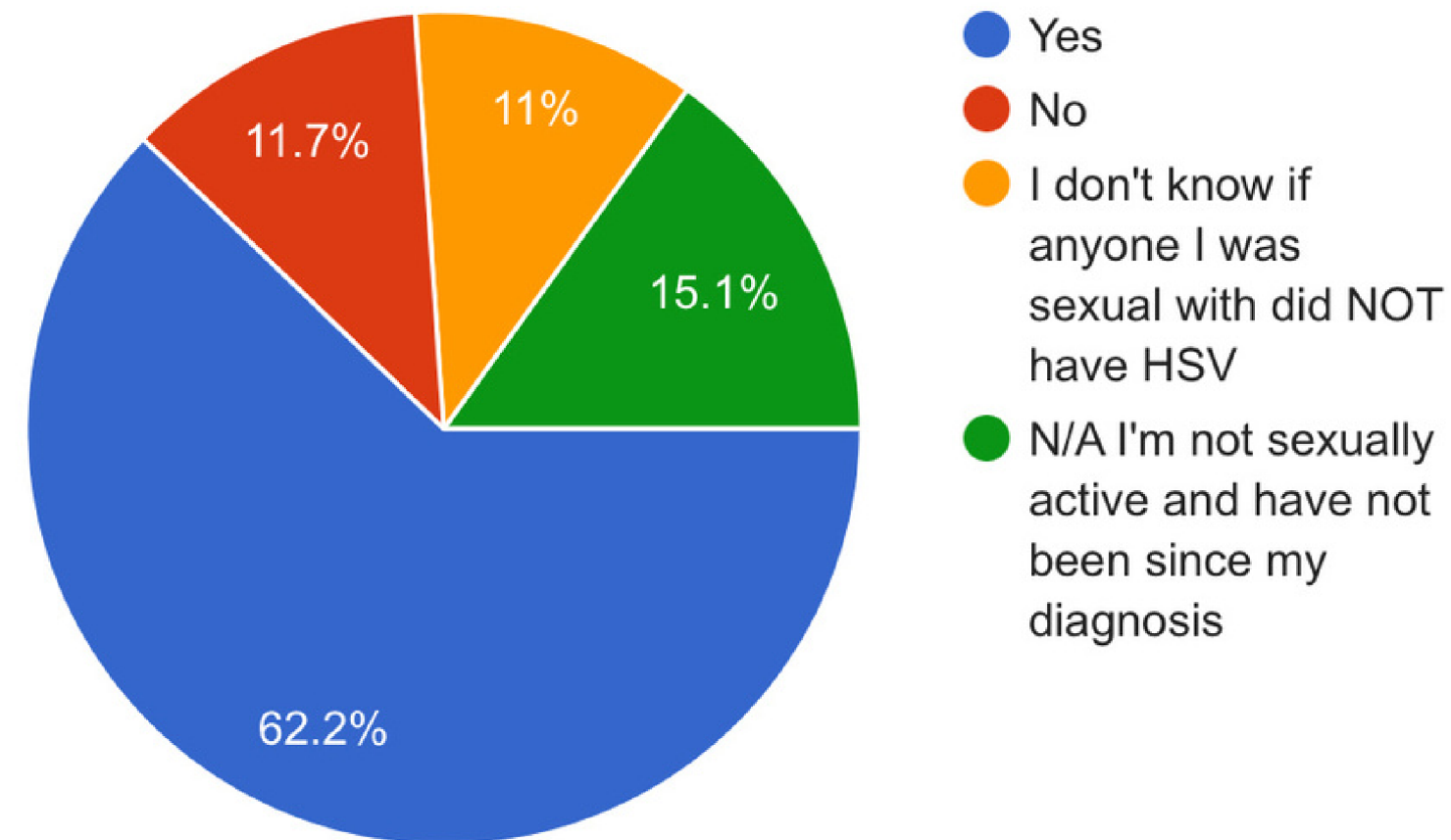
1,141 responses





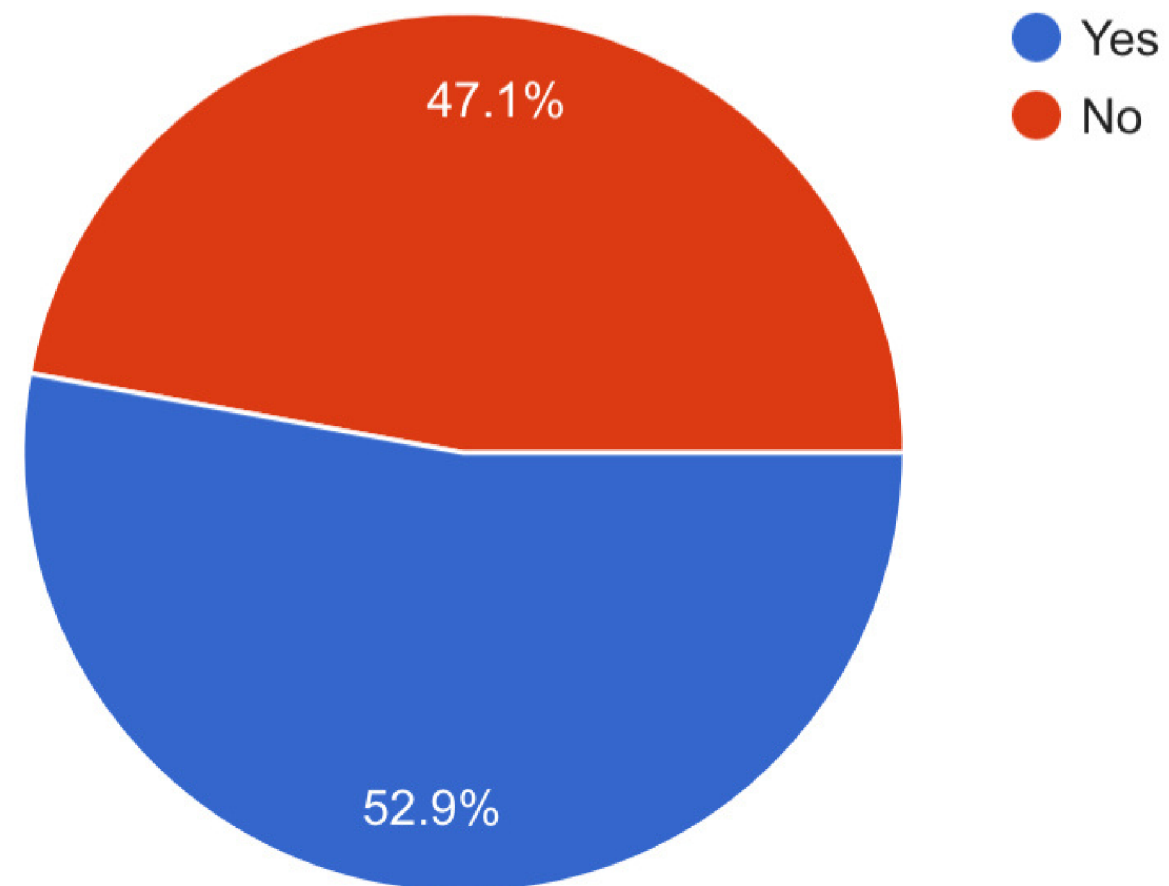
Since your diagnosis, have you been sexually active with someone who does not have HSV?

1,146 responses



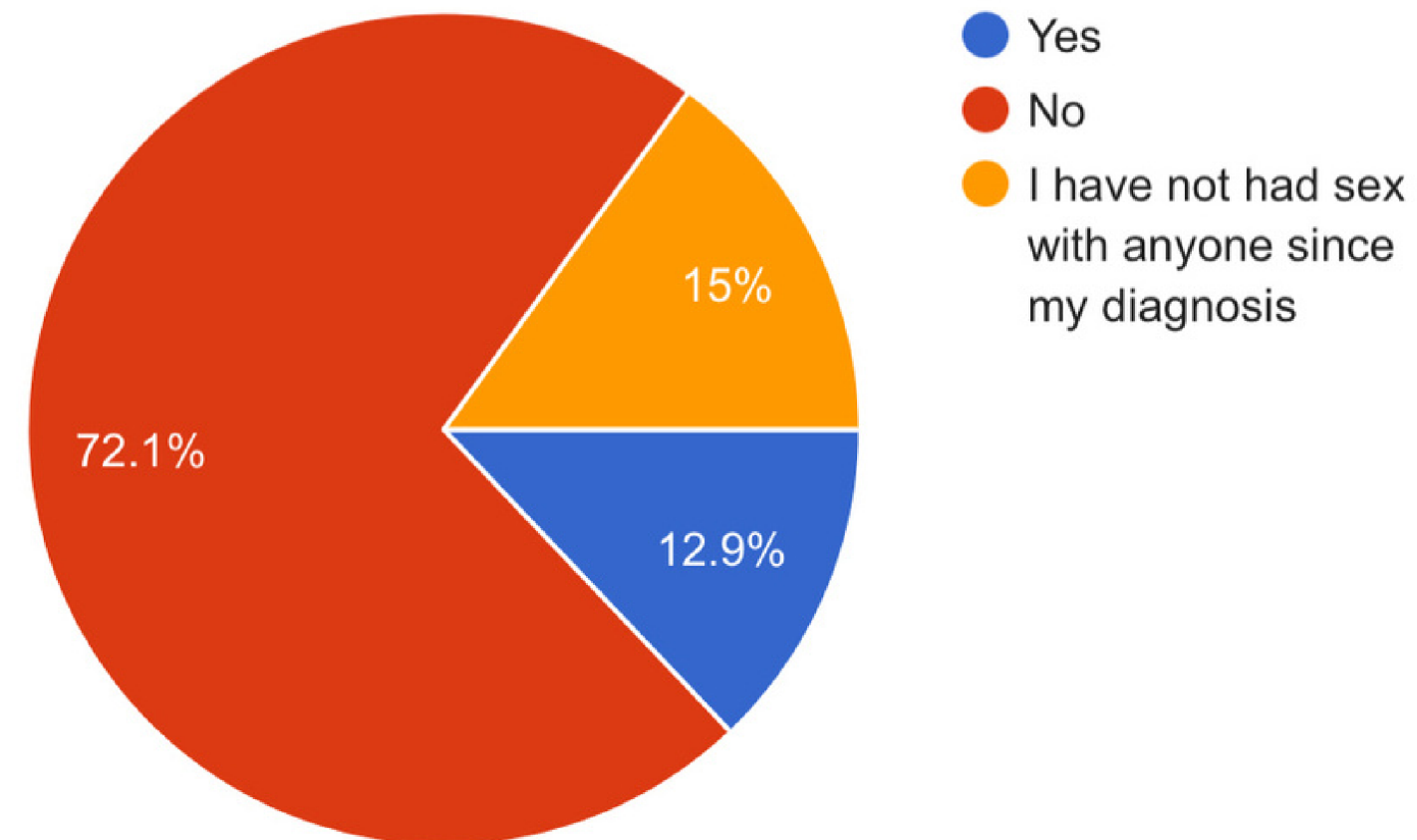
Are you currently, or have you been in a healthy committed relationship since your diagnosis?

1,144 responses



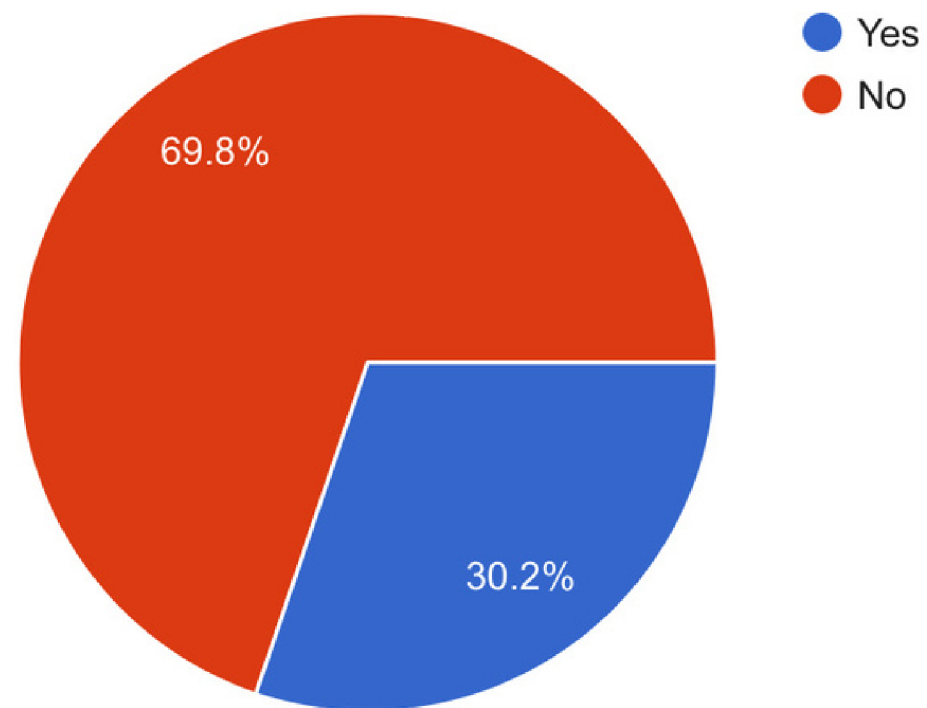
To your knowledge, since your diagnosis, have you passed HSV on to a partner?

1,146 responses



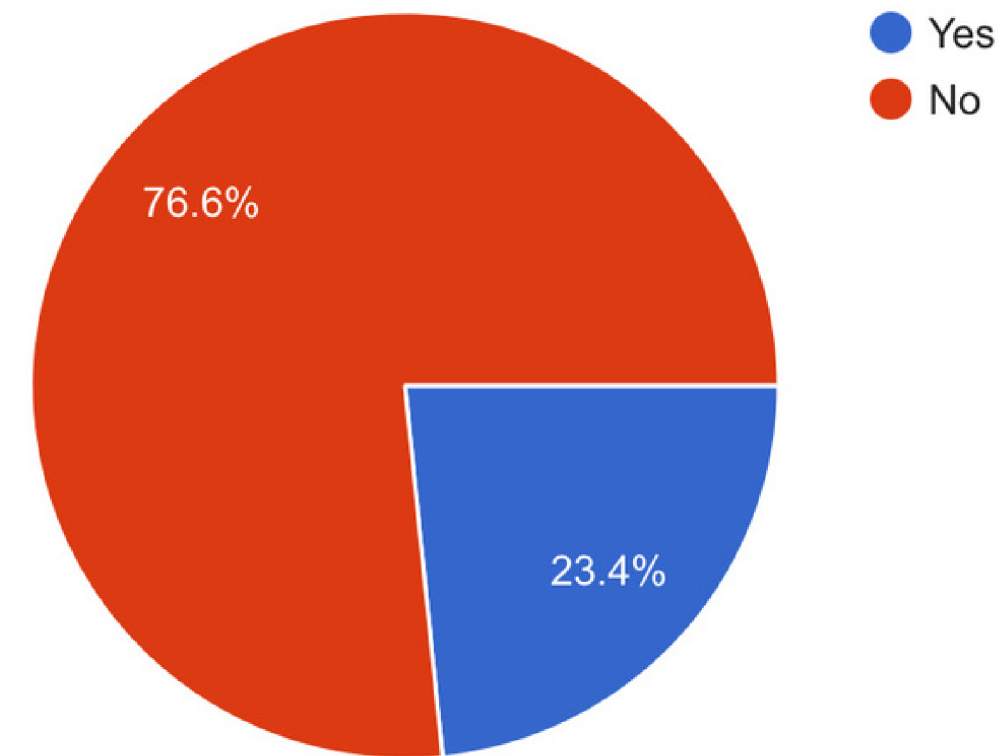
Before your diagnosis, did you know that oral herpes (commonly known as cold sores and fever blisters) could transmit to a partner's genitals from oral sex?

1,143 responses



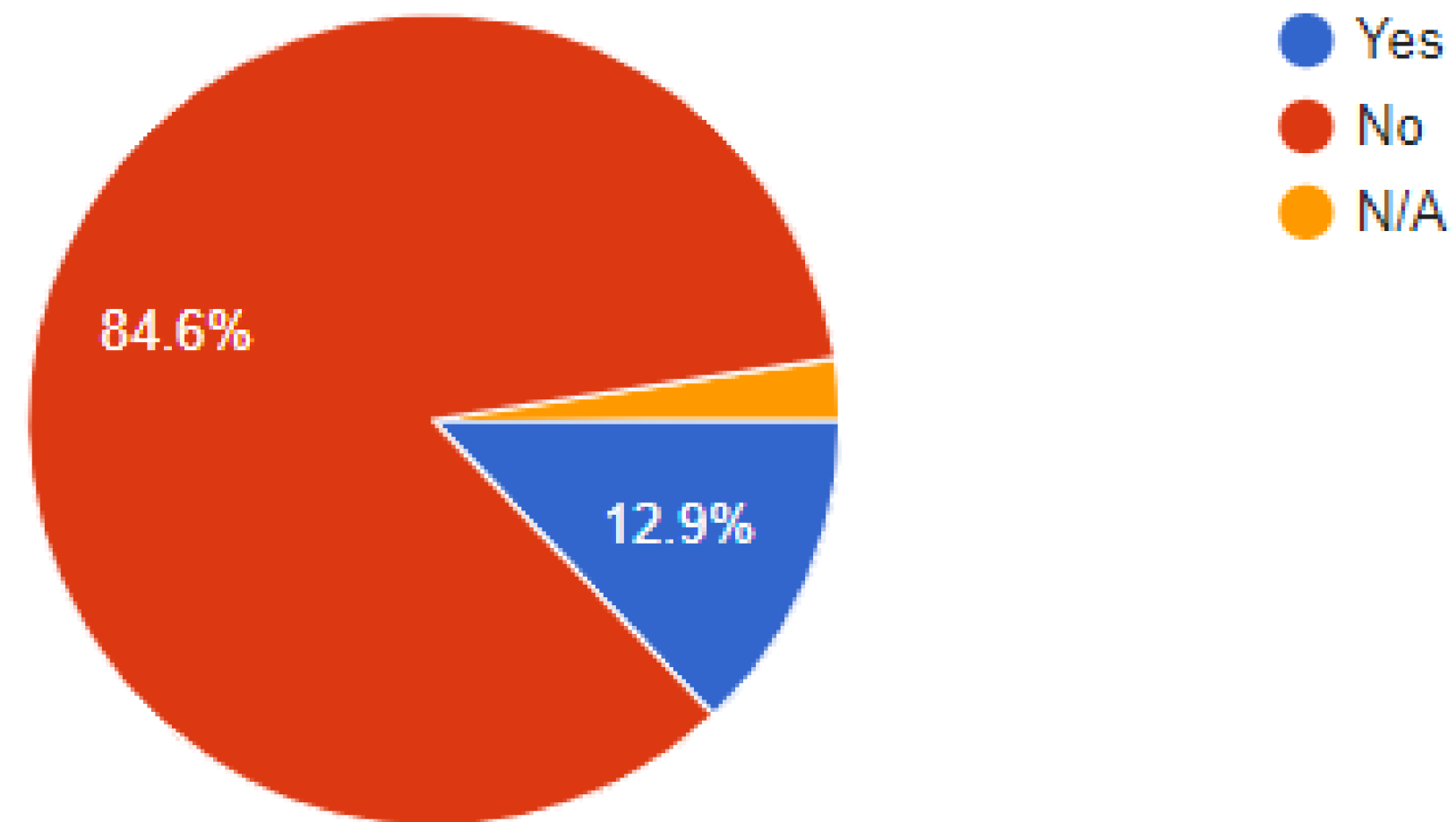
Before your diagnosis, did you know you could still get HSV even if you use condoms and dental dams (protective barriers for oral sex)?

1,146 responses



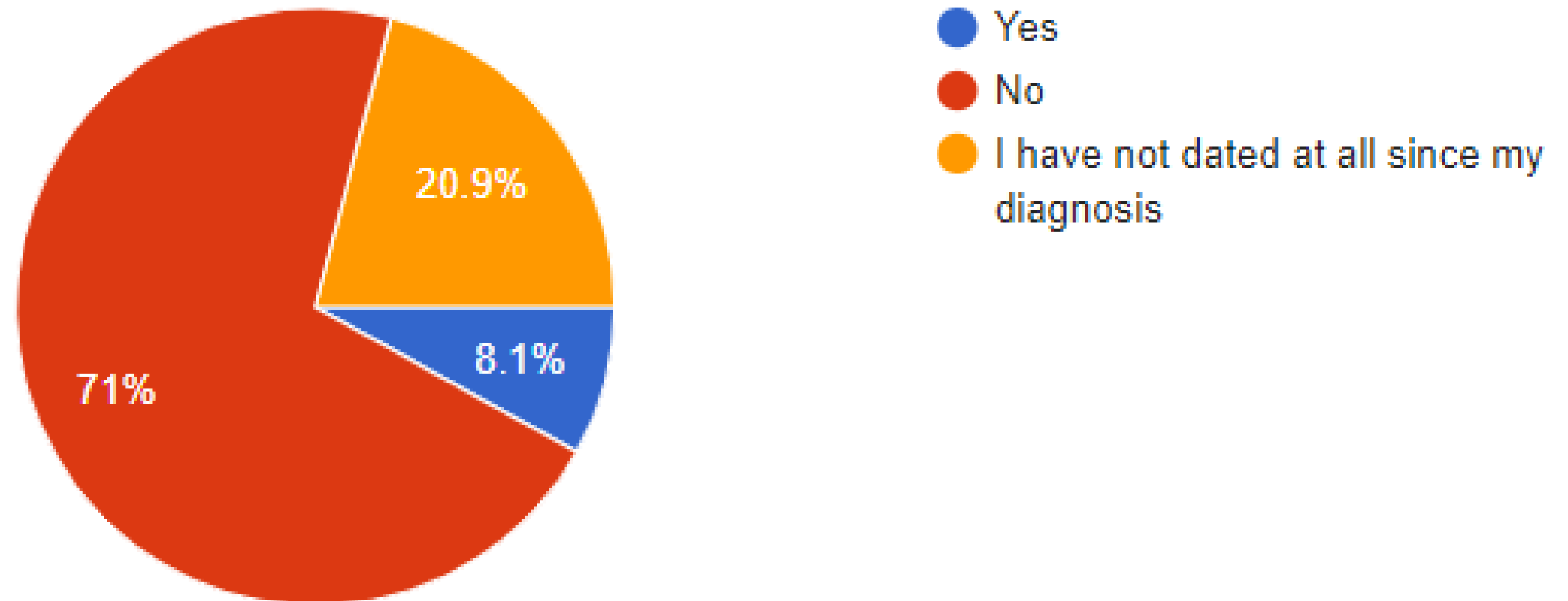
Before your diagnosis, did you ever inquire on your sexual partners' HSV status specifically?

1,145 responses



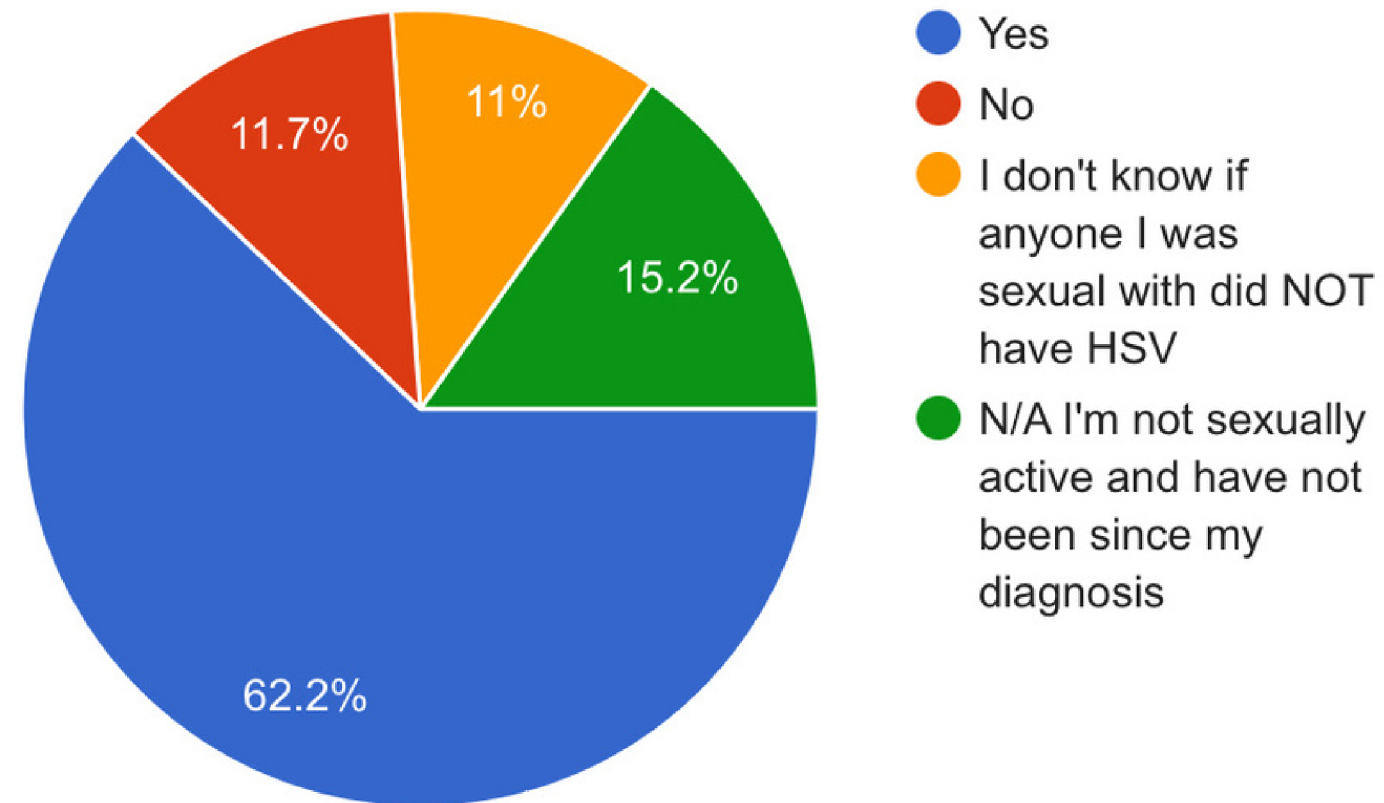
Since your diagnosis, have you only dated people who also have HSV?

1,142 responses



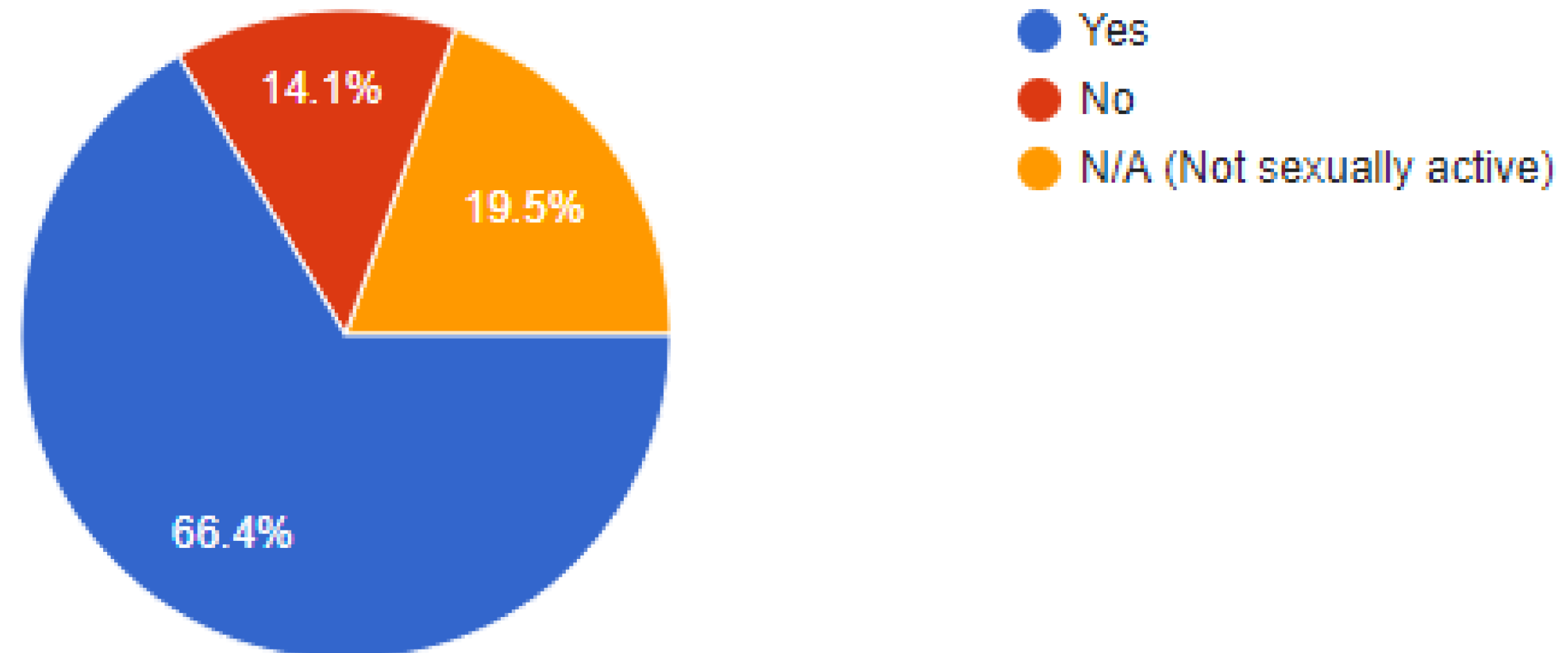
Since your diagnosis, have you  
been sexually active with  
someone who does not have  
HSV?

1,147 responses



Has a partner consented to sex with you without a condom or barrier since your diagnosis?

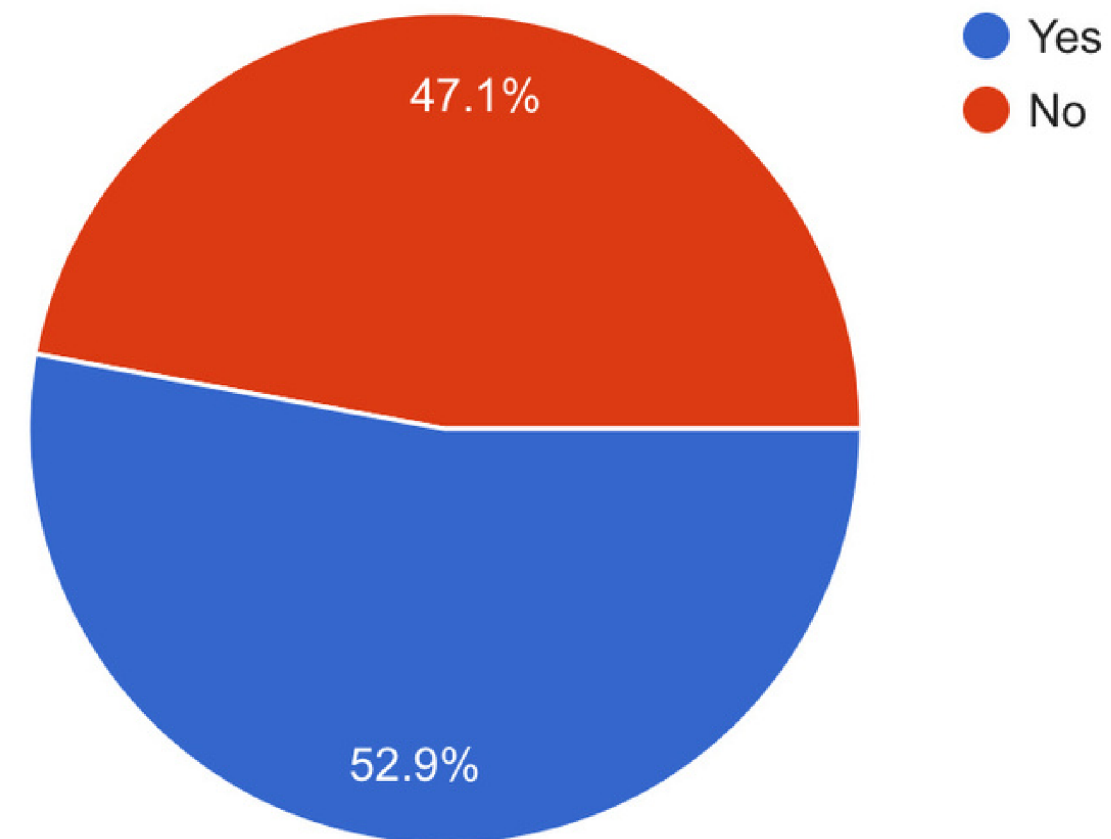
1,143 responses





Are you currently, or have you been in a healthy committed relationship since your diagnosis?

1,144 responses



## How old are you in years?

1,145 responses

